

## Scenic Elementary

451 West Scenic Drive, GJ, 81507

Phone: (970) 254 - 6370 Fax: (970) 245 - 8605

Website: <http://scenic.mesa.k12.co.us/>

Twitter: [@scenic\\_whbn](https://twitter.com/scenic_whbn)

Facebook: [www.facebook.com/scenic elementary](http://www.facebook.com/scenic elementary)

WHBN!



## February 2018

### Don't Eat the Marshmallow

This month's Social Emotional Learning (SEL) focus is Decision Making with Honesty & Integrity. For most of us making good decisions is a process of trial and error, but we can help students to make better decisions. One way to teach children better decision making is by teaching them a decision-making formula. The following formula is from Wayne Parker in his column Fatherhood Advice from the website The Spruce.

- Define the problem. What is the decision you need to make? What is the problem it solves?
- Explore the choices. To solve the problem, what options do I have? Are all the choices possible? Are they safe or risky? Ask lots of "what if" questions like, "What if I fail at this choice?"
- Understand the consequences. Each choice has pluses and minuses. Some choices cost more than others or take more resources. Some choices have immediate benefits; for others, the benefits are delayed. Some choices made will preclude others. Thinking through the consequences of each choice will help children learn to narrow the range of acceptable choices.
- Make a decision. When there are different choices, your child must pick one and implement it. Stalling out a

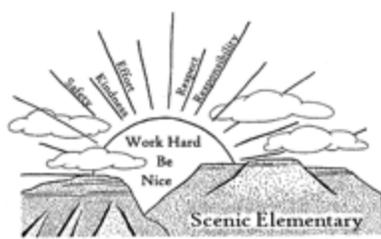
decision without a good reason is just indecisiveness.

- Evaluate and learn from the decision.

Parker also recommends that we model decision making for children and that we don't fall into the trap of solving problems for children. This helps children to practice solving problems on their own. Stanford University conducted an interesting study in the 1960's and 1970's about children and decision making. It was called the Marshmallow Experiment. Children were given a marshmallow and told that if they waited 3 minutes to eat it, they would receive an additional marshmallow. The child was left alone in the room with the marshmallow. Most children ate the marshmallow. Years later the researchers followed up with the children who waited the 3 minutes. They had better grades and were doing better in life compared to those who did not wait to eat the marshmallow. This study relates to helping children understand the consequences of their decisions and the value of delaying gratification. To see a short TED Talk about the study go this URL <https://goo.gl/daiFzo>.

## February Calendar & Upcoming Events

- February 2 - Collecting Box Tops due
- February 3 - White Iced Celebration CMU
- February 7 - 1st Grade Museum Night  
Open House 6-7 PM
- February 12 - PTO Meeting 4:15
- February 13 - Kindergarten Valentines Parties AM 9:00 PM 1:00
- February 13 - Read-A-Thon packets due
- February 14 - Valentine Parties 1st- 5th between 1:00-1:45 (depending on grade).
- February 14 - Jump Rope for Heart \$ due
- February 15 - No School/Teacher Plan
- February 16 - Parent Teacher Conferences  
By invitation only
- February 17 - Lions Club Parade 1:00 PM  
Lions Club Carnival 5:00 PM
- February 19 - No School Presidents Day
- February 26 - 4th Grade Music Program  
6:00 PM Redlands Middle



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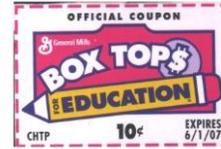
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### Kindergarten Wednesdays

February 7 - PM  
February 14 - AM  
February 21 - PM  
February 28 - AM

#### A or B Week?

Feb. 5 A Week  
Feb. 12 B Week  
Feb. 19: A Week  
Feb. 26: B Week



### Box Tops

Our PTO is always collecting Box Tops. The Box Tops are on certain boxes, bags, and packages in the grocery store. Box Tops are due February 2nd. Thank you for your help!

### February Parent-Teacher Conferences

On Friday, February 16th, teachers will be conducting needs-based conferences for some students. If your presence is requested at a conference, you received a note on Monday, January 29th. If you cannot make your child's scheduled time, please contact your child's teacher to reschedule. We will have conferences for all students in May.

### School of Choice

The School of Choice window opens at 10am on Monday, March 5th. If your child is currently enrolled at Scenic under SOC, you do not need to enroll again. If you have questions about School of Choice or your current status, please feel free to contact Janae or Ben with questions.

### Kindergarten Round-Up

Kindergarten Round-Up will be Friday, March 9th. Your child must be five before July 15th, 2018.

### Lions Club Carnival & Parade

Please help support the Grand Junction Lions Club this month by attending the Parade and Carnival. Last month we were awarded a \$5,800 grant from the Lions Club.

### Read-a-thon

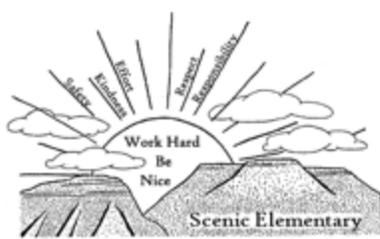
Our spring fundraiser this year is a pure profit event - a Read-A-Thon! The Read-a-Thon will be similar to our annual Walk-A-Thon in that students will collect donations to fund reading support in classrooms. Envelopes have been sent home and are due Tuesday, February 13th. Remember that the majority of our funding comes from PTO sponsored fundraisers, so please consider participating. Thank you very much!

### Jump Rope for the Heart

Money for Jump Rope for Heart is due, Wednesday, February 14th.

### 4th Grade Program

Join Mr. Brenholts and 4th graders from Scenic, Wingate and Broadway for a special music performance on Monday, February 26th at 6 PM at Redlands Middle School. Scenic students: Please wear a Scenic or blue t-shirt and jeans. Hope to see you there.



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The Parade is at 1PM on Feb. 17th on Main St. (Downtown), and Carnival as at 5PM on Feb. 17th. at the Two Rivers Convention Center.